



# Hoover Youth Flag Football

## Frequently Asked Questions

Grades 4<sup>th</sup> and 6<sup>th</sup>

[hooveralabama.gov](http://hooveralabama.gov)

**TO REGISTER** Visit [hooveralabama.gov](http://hooveralabama.gov) or the Hoover Metropolitan Stadium in person  
**Cost** \$115 - City of Hoover residents only  
\$125 – Non-Residents

### PRACTICES

**Start Dates** Practices begin the week of Monday, Aug. 17  
**Practice Day** Practice will be one day per week on Monday, Wednesday, Thursday, Friday or Sunday  
**If there is a day you cannot practice, please put the day/days you cannot practice in the comment section when you fill out your registration information.**  
**Times** Practices will be scheduled by age group at either 6:00 or 7:30 pm  
**Locations** Practices will be at the Hoover Met, Spain Park or Hoover East  
**Practice Length** 90 minutes once per week

### GAMES

**Games** All Games are on Tuesday Evenings at the Hoover Met Sports Complex. Game times are at 6pm, 7pm or 8pm.

**Game Dates** **Tuesday Regular Season Below. Championship Games will take place Tues Nov 3rd**  
Tuesday, Sept 8 Tuesday, Oct 6  
Tuesday, Sept 15 Tuesday, Oct 13  
Tuesday, Sept 22 Tuesday, Oct 20  
Tuesday, Sept 29 Tuesday, Oct 27

**Schedules** Official schedules will be posted at [quickscores.com/hoover](http://quickscores.com/hoover)  
**Postseason** Post-season tournament is included in the registration fee. Dates and sites are TBD.

**Picture Day** **Tuesday, Sept 22<sup>nd</sup>**  
Coaches will be responsible for distributing order forms to parents prior to the first game. There is a free picture package that is included in your registration fee.

**Uniforms** Please double check the size you order (sample clothing will be available at sign-up). A dry fit jersey will be provided. Exchanges due to size are not available.  
**Jerseys must remain tucked in during games.** Mouthpieces are required

**Games** Parents are encouraged to bring lawn chairs to the games.

**Notification** Coaches will be responsible to contact each player parent once assigned to his/her team.

**Weather** Games will take place on turf fields. Games will be played in the rain. Games will only be cancelled due to lightening.

**Background Screening** - All coaches are required to complete a background check prior to the season.

**Coaches are needed** - Coaches are needed for all age divisions. If interested in coaching, please contact:  
For more information: Brent Solberg 205.444.7754  
Athletic Manager [solbergb@ci.hoover.al.us](mailto:solbergb@ci.hoover.al.us)